

# Barnet Learning Disabilities Service



## An easy read guide

## If you need help to read this leaflet

A family member or carer can help you to read this leaflet. They can answer any questions that you have.



## What is the Barnet Learning Disabilities Service?

We help people who are 18 years old and over who have a learning disability.



We work with you, and your family and carers to help you stay healthy and keep you safe in the community.



## Who works in the Barnet Learning Disabilities Service?

### Speech and Language Therapy

The Speech and Language Therapist can help you with communication. This means helping you to understand and get your message across.

They can also help if you have problems with eating and drinking.



### Physiotherapy

The Physiotherapist can help if you have problems with moving or comfort. They can also help if you have a fall or hurt yourself.

They help you feel better by giving you advice, exercise or equipment.



### Learning Disability Nurses

The Learning Disability Nurse can help you to stay healthy.

They work with other health and social care workers to make sure you get the help you need in a way that's best for you.



### Psychology

The Psychologist can talk to you about your thoughts and feelings. They can help when you feel worried, sad or angry.

They can help you talk about bad experiences or memories. They also help you with relationships and friendships.

Psychologists work with you and people around you when there are challenges.



## Psychiatry

The Psychiatrist is a doctor who can help you with your feelings and thoughts.

They can help by listening and talking to you. They can give you medicine and ask other health workers to help you.



## Social Workers

The Social Worker can make sure you get the help you need to stay healthy and safe in the community.

This means helping you to look after yourself and doing activities that make you happy. They also help your carer or family get the help they need to care for you.



## How to contact the Barnet Learning Disability Service:



### **Address:**

Barnet Learning Disabilities Service  
2 Bristol Avenue  
Colindale  
NW9 4EW



### **Telephone number:**

020 8359 6161



### **Email:**

[BLDSintegratedduty@barnet.gov.uk](mailto:BLDSintegratedduty@barnet.gov.uk)

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