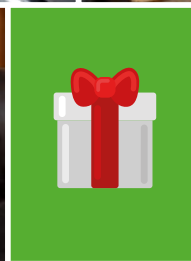


barnetfirst

The council magazine bringing you news and community information

Winter Edition December 2020

Stay safe this festive season



Meet our Instagram winner



Don't forget to get your flu jab It's free for those most at risk.

The flu vaccination is the best protection for you and those around you.
The vaccination is free to: everyone over 65, carers, social care workers, anyone with a long-term health condition, pregnant women, certain groups of children

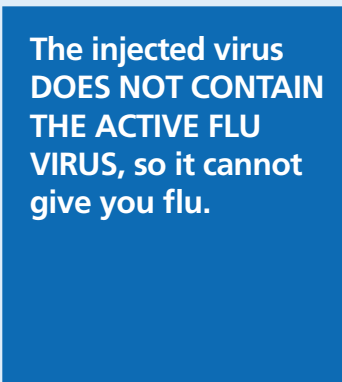
Did you know...?



PREGNANT WOMEN
with flu are more likely to be admitted to hospital with serious complications than non-pregnant women.



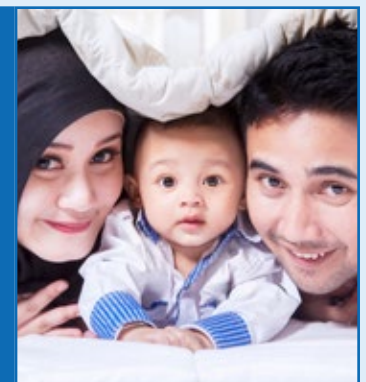
HEALTHY CHILDREN
under the age of five are more likely to be admitted to hospital with flu or spread it to other.



The injected virus **DOES NOT CONTAIN THE ACTIVE FLU VIRUS**, so it cannot give you flu.



There are a **VARIETY OF FLU VACCINE OPTIONS**, including two manufactured without using eggs. Please talk to your doctor to advise.



Children aged 4-11 are eligible for a free flu immunisation in school. If your child missed their flu immunisation, please call 0208 4473622 to make an appointment in one of our catch up clinics.

REMEMBER: If you are a parent of a child aged 4-11 don't forget to sign the online consent form.

Visit www.nhs.uk/flu vaccine for more information.

Message from Cllr Dan Thomas, Leader of Barnet Council

The continuing COVID-19 pandemic means this festive season will be very different to those of previous years. Being placed in tier 2 restrictions means we will all be making personal sacrifices to celebrate safely and, by doing so, protecting our loved ones, the vulnerable and the wider community. It will be difficult to change the festive habits of a lifetime but we cannot risk the dire consequences of the 'R' rate increasing.

As I write, there is very promising news on the vaccine front. In Barnet, we are working hard with our NHS colleagues to ensure the local vaccination programme is delivered rapidly and vaccination centres are ready when needed. We will prioritise those most at risk, particularly residents and staff in our many care homes.

Mass vaccination will take several months and we know that the pandemic can change direction quickly in the meantime. We will continue to provide you with the latest COVID-19 health information, guidance and advice. We will help at-risk families, those who are self-isolating, older and more vulnerable people receive the essential care they need. We will also continue to work with our community partners to ensure that no one in financial difficulty goes without food or shelter.

This festive season will be a huge challenge for hundreds of Barnet's retail and hospitality businesses. Tier 2 means that all shops can open, but cafés, bars and restaurants and bars will have tight restrictions that will limit their service, capacity, and opening hours. In response, many will be trading online or offering takeaway and delivery services. If you're planning on buying gifts, then please shop safely and shop local.

The rate of infection remains high in Barnet and the rest of London. We each have a responsibility to stay safe. It's also vital that we follow the guidance and rules to protect the most vulnerable in our families and communities.

If this is a time of special celebration or worship for you, then please follow the guidance to curb the spread of infection and prevent unnecessary deaths. With a vaccine around the corner and having endured months of restrictions, we have come too far to risk a backwards step. Technology can help us connect and celebrate safely.

To those who celebrate, I wish you a Merry Christmas and Hanukkah Sameach!



Councillor Dan Thomas,
Leader of Barnet Council



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This magazine is printed on paper manufactured from well-managed and sustainable forestry under controlled, certified schemes. Promoting sustainable forest management. For more info: www.pefc.org



When you have finished reading our magazine, please recycle.

Contact us

Barnet First is a magazine filled with local news and community information for the borough of Barnet.

Alternative formats of Barnet First are available only upon request. If you would like a copy of Barnet First in large print or on tape, please email: barnet.first@barnet.gov.uk

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You can see back issues of Barnet First magazine at: www.barnet.gov.uk/news-hub

Barnet's Civic Awards 2021: Nominations now open



Each year, the Mayor of Barnet's Civic Awards honour a handful of the very many people who give their time to their communities and improve the quality of life for many others in Barnet.

Do you know a worthy individual or group who should be recognised for their outstanding service to the community, a lifetime achievement award, young citizen of the year or perhaps someone you know who is deserving of recognition as a 'Barnet Covid-19 Community Hero'?

Nominations are open until 31 December 2020 at barnet.gov.uk/community/community-groups-and-events



Report a breach of COVID-19 restrictions

New national regulations have granted police and local authorities additional powers to enforce restrictions in line with the Government's COVID-19 advice: www.gov.uk/coronavirus

This includes restricting people's movement and gatherings.

If you are concerned that an individual or business has significantly breached or is breaching the restrictions, please email details to covid19enforcement@barnet.gov.uk

Barnet to mark Holocaust Memorial Day

Holocaust Memorial Day will be marked very differently in Barnet in 2021 as we remain unable to congregate in large numbers due to COVID-19.

Instead of the usual ceremony held at Middlesex University, a video will be released on Sunday 27 January and will include speakers and performances. Hendon Town Hall will be illuminated in purple for 24 hours in commemoration.

The theme for 2021 is: 'Be the light in the Darkness'.

The Worshipful Mayor of Barnet, Cllr Caroline Stock, said: "By producing this video we hope we can continue to remind and educate our residents of the Holocaust and the traumatic effects of genocide.

"This year's theme asks us to consider the different kinds of 'darkness' – for example, persecution – and to think about ways of 'being the light', for instance by illuminating mistruths.

"Let us in Barnet 'be the light in the darkness'."

Council contact centre between Christmas and New Year

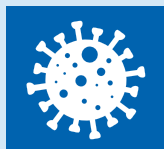
If you need to contact us over the festive period, our customer contact centre will be open as usual between **Christmas and New Year (apart from 25, 28 December and 1 January, which are bank holidays)**. The out-of-hours service will still be answered 24 hours a day for emergencies.

For details of your festive recycling and waste collections turn to page 8. Information regarding our services can also be found online at www.barnet.gov.uk during the festive period, and all the time.



Busting COVID-19 myths

There are some myths about how COVID-19 can be spread, how infection can be prevented, and what the effects can be for people who catch it. Here we set straight the facts about some common misunderstandings about COVID-19.



COVID-19 is similar to the common flu.

COVID-19 is a new virus, which means that unlike flu, we do not have any existing immunity to it. This makes it more infectious and more likely to result in complications in some people and even in death. Some people suffer from “long COVID” for several months after the virus is gone.



A face covering is not going to protect me from COVID-19.

Four key measures need to be followed together to reduce the spread of COVID-19: wearing face coverings, social distancing, handwashing and testing and isolating. Face coverings act as a barrier preventing the virus from spreading to others and a study has shown that wearing one can lead to a milder illness if infected. Face coverings are most effective if people also keep a 2 metre distance.



COVID-19 isn't serious unless you are old or unwell.

Everyone is at risk of catching COVID-19 if they do not follow social distancing and infection control measures. Children under 10 years of age are less likely to catch the virus and younger and healthier people are likely to have a milder illness. However, it is possible to develop complications at any age, especially if severe symptoms are not treated promptly. The more the virus circulates in the population, the more likely it is to reach those who are older and more vulnerable and therefore prone to suffer serious complications.



I can't catch COVID-19 from someone who doesn't have any symptoms.

We don't know why some people who have the virus develop symptoms while others do not. People without symptoms can still be very infectious and spread the virus. This is particularly true at the early stages of the disease and 2-3 days before the first symptoms appear.



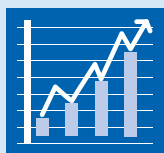
I only have to self-isolate when I receive a positive test result.

You must self-isolate as soon as you develop any of the key symptoms and while you are awaiting test results. You also need to self-isolate if you live (or are in a support bubble with) someone who has symptoms or has tested positive, or if you come in close contact with someone who has received a positive test result for the virus. For a definition of close contact, please visit, Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person, at www.gov.uk



I only have to self-isolate if NHS Test & Trace tells me to do so.

You can be told to isolate from a number of sources, not just NHS Test & Trace. If you are a parent or carer and your school has told your child to self-isolate then you must follow what the school tells you to do. Schools are working closely with NHS Test & Trace teams. Your child must not leave the house during their isolation period.



The worst of COVID-19 is over.

We have all made many sacrifices over a number of months to reduce the infection and death rate from COVID-19. Unfortunately, the virus is still circulating across the UK and locally at relatively high levels. The only way to reduce and stop the spread of the virus (while waiting for the vaccine to be rolled out), is to reduce social contact. Following national restrictions and infection control measures will help you protect yourself, your loved ones and your local community.

For more mythbusters information, please see www.who.int

Season's greetings!



As the days and nights grow colder, our winter salting programme will ensure that 150 miles of our busiest roads are safe. This winter, our staff will be working 24 hours a day, seven days a week.

Before you head out this winter, read our top tips to ensure you travel safely:

Check the Met Office weather forecast:

Before you set off on your journey, make sure you visit www.metoffice.gov.uk to check for weather warnings and road conditions before travelling. Remember, always allow extra time and take care.



Prepare your vehicle:

It's a good idea to make sure your vehicle is fully serviced before winter starts and that you have the anti-freeze tested. If you can't do a service, you can do your own checks:

- Lights are clean and working
- Battery is fully charged
- Windscreen, wiper blades, and other windows are clean and the washer bottle is filled with screen wash
- Tyre condition, tread depth and pressure (of all the tyres, including the spare)
- Brakes are working well
- Fluids are kept topped up, especially with windscreen wash, anti-freeze and oil.



Keep emergency equipment in your car:

Make sure you have a bottle of water, non-perishable food, a first aid kit, torch, in-car mobile phone charger, blanket and spare waterproof clothing. If you need to travel to more rural areas, be sure to also pack a shovel.

Wear sturdy footwear:



If you do have to go out in the snow or ice, wear a good pair of boots, they keep your feet warm and have more grip than trainers or other shoes.

Drive carefully:

If you find yourself driving in snow or on icy roads, adapt your driving to these conditions. Reduce your speed smoothly, avoid harsh braking and sharp steering.



Did you know?

We have thousands of tonnes of salt in our salt barns ready to use this winter and 500 gritting bins across the borough were filled at the start of the winter season.

Follow us on Twitter @barnetcouncil or visit our website at barnet.gov.uk/wintergritting for regular updates.

Keep burglars out in the cold this winter

Did you know that across London there are more residential burglaries during the winter months than at any other time of the year?

The Barnet Safer Communities Partnership, which includes the council and the police, has been working to prevent burglaries and to catch and convict those responsible.



Here are a few simple steps to protect yourself from burglary:

- Keep all windows and doors locked when you go out
- Leave a light switched on in your house when you go out
- Do not leave post sticking out of your letterbox
- Do not leave valuables near the windows or in the light
- Do not leave keys by your letterbox



Sign up to Online Watch Link for all the latest crime prevention and community safety advice at: www.owl.co.uk/met

Call 111 first to get NHS urgent and emergency care in the right place, at the right time

The NHS is making it easier and safer for patients to get the right treatment at the right time.

NHS 111 is now able to book arrival slots for the Accident & Emergency departments at Barnet Hospital and the Royal Free Hospital for patients who need them.

This means that anyone who needs urgent care which is not life-threatening will be given a time to attend and be treated – avoiding long waits, allowing more space for social distancing in waiting areas and minimising the risk of spreading coronavirus.

If you think you have an urgent, but not life-threatening health problem, call 111 or visit 111.nhs.uk, open 24 hours a day, seven days a week. The service is free and you will be directed to the most appropriate place to be treated or given advice on how to look after yourself at home.

If you have a life-threatening illness or injury, you should still dial 999 and if you do make your own way to an A&E, you will still receive medical care.



Self-care tips this winter

Keep warm

Heat your home to at least 18°C (65°F), move about and wear light layers that will trap warm air.

Keep active

Regular exercise can also reduce the risk of falling and can be beneficial for recovery if you do get ill.

Check your medicine cabinet

Your local pharmacist can tell you what over-the-counter medicines (including paracetamol and ibuprofen) are available to relieve symptoms of common winter ailments such as colds, sinusitis or painful middle ear infection (earache).

Wash your hands thoroughly for the length of time it takes to sing “Happy Birthday” twice (around 20 seconds).

Look out for other people such as older neighbours, friends and family members, may need a bit of extra help over the winter.

For more tips visit www.nhs.uk/staywell

“Help Us Help You” – the NHS is open to see you and your loved ones safely

The COVID-19 pandemic has meant that fewer people are using NHS services for a range of conditions that are not related to COVID-19. We’d like to remind you that the NHS is here to help you.

GP practices are open to treat patients, provide advice and issue prescriptions. This may be done via telephone or video. Face-to-face appointments can be arranged if necessary and will be done in the safest way possible.

You should seek help from the NHS this winter:

If you have a symptom that could be cancer (such as unexplained blood that doesn’t come from an obvious injury, an unexplained lump, weight loss which feels significant to you or an unexplained pain that doesn’t go away).

If you are pregnant, you are encouraged to still attend your antenatal appointments and continue to seek advice from your midwife or maternity team to ensure you have a safe and healthy pregnancy.

If you’re suffering from mental health issues, NHS talking therapies, also known as Improving Access to Psychological Therapies (IAPT), are confidential and run by fully trained experts. Access the service by visiting your GP or refer yourself online at nhs.uk/talk.

If you have a routine appointment, please make sure you keep it, unless recommended otherwise by your doctor.



On the 12 days of Christmas our recycling tips will be...



1



Write a list and check it twice...

Save money and avoid waste by only buying the food you need.

2



Play your cards right!

You can put old Christmas cards in your blue recycling bin, but remember if they have foil or glitter on them, they can't be recycled and should be placed in your black refuse bin.

3



Christmas is coming, the cardboard's getting flat

Any flattened cardboard that doesn't fit in your blue recycling bin can be put out alongside the bin in pieces no larger than one-metre squared.

4



Be sweet and recycle that treat

Clean sweet tubs, biscuit containers and mince pie trays made of plastic or foil can all be placed in your blue recycling bin.

5



Food, glorious food...

Why not use your leftovers to make delicious meals for your family and friends? Visit the website below for more details.

6



Batteries

Recycle used batteries by placing them in a clear bag on top of your blue recycling bin. **Please remember that batteries, battery packs and other electrical items must not be disposed of in any of your household bins.** These items can cause fires in our collection vehicles and sorting facilities, risking the safety of residents and our collection crews.

7



Finished bottles of shampoo? With aerosols they go in blue!

Empty aerosols, shower gel containers, shampoo bottles and moisturiser tubs can all be placed in your blue recycling bin.

8



Everything must go!

Take unwanted household items to the Reuse and Recycling Centre, Summers Lane, North Finchley, N12 0RF providing you have made a booking in advance. Or you can book a bulky waste collection. Visit the website below for more details.

9



Clearing out the closet?

Clothing and shoes can't be placed in your blue recycling bin. Why not donate them to a local charity shop? Alternatively, you can take them to the Reuse and Recycling Centre at Summers Lane providing you have made a booking in advance.

10



Electricals lost their spark?

Take any small electrical items to the Reuse and Recycling Centre at Summers Lane. Remember, please do not place them in your blue recycling bin and make sure you have made a booking before visiting the site.

11



When the celebrations are over...

Make sure to recycle all your empty glass bottles, plastic bottles and cans in your blue recycling bin.

12



O Christmas tree...

Real Christmas trees will be collected from 8 January 2021 through to the end of the month.

Please ensure your real Christmas tree has all decorations and tree lights removed, is **cut in half** and put at the boundary of your property by Friday 8 January.

Your Christmas recycling and refuse collection schedule

Normal collection day	Revised collection day
Monday 21 December	Monday 21 December (no change)
Tuesday 22 December	Tuesday 22 December (no change)
Wednesday 23 December	Wednesday 23 December (no change)
Thursday 24 December	Thursday 24 December (no change)
Friday 25 December	Monday 28 December
Saturday 26 December	Sunday 27 December
Monday 28 December	Tuesday 29 December
Tuesday 29 December	Wednesday 30 December
Wednesday 30 December	Thursday 31 December
Thursday 31 December	Saturday 2 January
Friday 1 January	Monday 4 January
Saturday 2 January	Sunday 3 January
Monday 4 January	Tuesday 5 January
Tuesday 5 January	Wednesday 6 January
Wednesday 6 January	Thursday 7 January
Thursday 7 January	Friday 8 January
Friday 8 January	Saturday 9 January
Saturday 9 January	Sunday 10 January

Your normal blue recycling bin and black refuse bin collections day will resume from the week commencing 11 January 2021



Annual winter pause to garden waste collections

The subscribed garden waste bin collection service is paused for six weeks between 5 December 2020 and 15 January 2021. Subscribers to the service can check the date of their first collection in the New Year at the website below. We will also be emailing subscribers a reminder before collections resume in January. You can still sign up now for fortnightly garden waste collections for the reduced price of £40. Sign up and pay at www.barnet.gov.uk/gardenwaste or call 020 8359 4600.

Christmas tree collections

Real Christmas trees will be collected from 8 January 2021 through to the end of the month. Please ensure your real Christmas tree has all decorations and tree lights removed, is **cut in half** and put at the boundary of your property by Friday 8 January.

What goes in your recycling bin?

Recycling bin	Yes please ✓	No X
	<ul style="list-style-type: none"> ✓ aerosols ✓ cardboard ✓ cartons ✓ food tins and drink cans ✓ mixed glass bottles and jars ✓ mixed paper ✓ plastic bottles ✓ plastic tubs, pots and trays 	<ul style="list-style-type: none"> X nappies - place in black refuse bin X food waste - place in black refuse bin X textiles - donate or take to Reuse and Recycling Centre X wood - take to Reuse and Recycling Centre X electrical items and battery packs - take to Reuse and Recycling Centre X polystyrene - place in black refuse bin X clinical waste - arrange clinical collections by visiting the website below X household batteries - place in a clear bag on top of your blue bin X black sacks or plastic bags - place in black refuse bin

Find out more at: www.barnet.gov.uk/recycling

How will you be celebrating this season?

As the festive season sets in and preparations to celebrate Christmas and the New Year are in full swing, there are a range of other religious and spiritual festivals celebrated by Barnet's diverse community.

Here are a few of the many celebrations that take place over the winter months:



10 - 18 December 2020

Hanukkah is celebrated by Jewish communities around the world with candles lit for eight days to commemorate the rededication of the Second Temple in Jerusalem and the defeat of the Seleucids who had attempted to wipe out Judaism.



21 December 2020

The festival of Yalda marks the end of the longest night of the year and is celebrated by Barnet's Persian and Iranian residents.

It is a source of strength and pride in Barnet that our diverse communities get on well and live together in peace and harmony. We wish all our residents the warmest season's greetings as we celebrate what is important.



25 December 2020

Christmas is celebrated by Christians to mark the birth of Jesus Christ. Services in churches will include Bible readings about the birth of Jesus, Christmas carols and Nativity plays. Christians in the Orthodox tradition will celebrate Christmas on 7 January.



21 January 2021

Guru Gobind Singh Jayanti is celebrated by the Sikh community as the birthday of their tenth and last guru, Guru Gobind Singh. The day is marked with large processions and special prayer gatherings at all Gurdwaras (temples).



17 January 2021

World Religion Day, observed worldwide on the third Sunday of January each year, is Baha'i inspired, and encourages followers of every religion to acknowledge the similarities that different faiths have.



20 January 2021

Bodhi Day is celebrated by the Buddhist community to commemorate the enlightenment of Siddhartha Gautama.



12 February 2021

The Chinese New Year, also known as the Spring Festival, is celebrated in various ways depending on region and is a time for families to come together. Traditions include a New Year's Eve dinner, fireworks and a Lantern Festival. 2020 is the year of the Rat.



16 February 2021

Vasant Panchami, also called Saraswati Puja, or the Festival of Kites, is celebrated in various ways depending on region, by Hindu and Sikh communities and highlights the coming of spring.

Together, WE ARE BARNET

Our primary schools are more popular than ever

Last year every parent who applied got a place for their child

Online applications are now open, closing date is 15 January 2021
www.eadmissions.org.uk



Apply online at: www.eadmissions.org.uk

For a quick, easy and secure application online

Landlords!

Support the Barnet community

During the pandemic, people are at a higher risk of becoming homeless

We need properties of all sizes at Local Housing Allowance rates

We offer

- Generous cash incentives
- Support and advice throughout tenancies
- Reliable, long-term tenants

Can you help? Call us on 020 8359 4761

Open your heart and your home

Start your journey to becoming a Shared Lives carer today!

What is Shared Lives?

Shared Lives is a community-based approach to care and support. It offers an alternative (and highly flexible) form of accommodation and support by using the Shared Lives carer's home as a base. Support can be delivered for a few hours, an overnight stay, months, or even years – this all depends on the carer's lifestyle and availability as all support is based within the carer's home.

What is the role of a Shared Lives carer?

A Shared Lives carer shares their home and family life with an adult who needs support to live everyday life. It might be giving a helping hand to someone getting dressed, getting to doctor's appointments, making friends, cooking together or voting for their favourite singers on TV!

What kinds of people are being cared for?

People visiting or moving in with Shared Lives carers are 18 and over with an identified care and support need. They may have been in foster care, have learning or physical disabilities, may be an older person with a frailty or dementia, or have mental ill health.

What do I need in order to become a Shared Lives carer?

To qualify to become a Shared Lives carer you must be over the age of 18, rent or own your home and have a spare room available. There are no qualifications required although it is helpful if you have had previous care experience. It is important that you have a caring nature, and respect and value people as individuals.

What are the benefits to becoming a Shared Lives carer?

This is a flexible caring role with generous tax-free earnings starting from £400 per week. Not only will you be improving the quality of someone's life, but you'll also have access to ongoing support and training opportunities and will be making a positive impact in your community.

How can I find out more?

Get in touch today - we're happy to answer any questions you may have!

☎ 0208 359 3576

✉ shared.lives@barnet.gov.uk

🌐 barnet.gov.uk/sharedlives



Insta makeover



Empowering Barnet's young creatives!

Since our summer edition of Barnet First, young people have been submitting some incredibly innovative designs in response to our @barnetyouth_ Instagram logo competition. We had such a wide range of entries from young teenagers who may have been having their first go at design to artists in their early twenties who are already establishing themselves in the creative industry. Our panel of judges comprised Councillor David Longstaff (Deputy Leader of Barnet Council), Helen Draper (Head of Marketing and Communications at Arts Depot),

Frank Inzani (Director of Good Impressions design agency), Tina McElligott (Director of Children's Social Care at Barnet Council) and Danielle Gopie (Communications Coordinator at Barnet Council).

Congratulations to our finalists Jason, Tarini and Emiel who were awarded a combined total of £500 worth of Amazon gift vouchers! Our winner Jason will additionally receive a one-to-one training session with Good Impressions design agency and his design will replace our existing BY_ Instagram logo very soon!



2nd place

Tarini Deleep, 17



"The logo I submitted has a range of bright colours, which I thought encapsulated the welcoming nature of the Barnet Youth brand. The lettering has a Pop Art style, making it bold to the viewer, reflecting the positive influence of Barnet Youth in our community. Lastly, the geometric background changes the plain blue into something more interesting and pleasing to the eye."

3rd place

Emiel Durbal, 20



"I decided to design this style of logo because of how vibrant and bold our community is. There are so many different sub-communities across Barnet Youth, all incredibly diverse and when united we are colourful and spirited. The boldness of the font and the vibrancy of the colours represents our community."

Our winner!

Jason Menkiti, 20



"When I was designing the logo, I started off with a slightly more complex design with more detail in the background and a fancier font. I then decided on a simpler logo with a plain background, a bold font for the "BY_" with a basic shape around the brand name. The speech bubble represents the social aspect of the Instagram page with lots of people connecting.

"I was a bit surprised when I won as I wasn't sure if I had made my design too simple, but in the results announcement the judges mentioned that the logo would work well for Instagram. Thank you for the chance to enter the competition and for choosing my logo! I'm looking forward to learning more about graphic design in my one-to-one session with Good Impressions."



Follow @barnetyouth_ on Instagram for the latest youth opportunities and events as well as views and opinions from young people across the borough.



BUMBLEBEE

PROPERTY MANAGEMENT | LET ONLY | GUARANTEED RENTS

**Merry Christmas & Happy New Year
from the Bumblebee Team!**



This year has been challenging for us all, that's why we want to say a special thank you to all our landlords and tenants.


Thank you for trusting us.

We promise to keep providing a service that makes you proud.

BUMBLEBEEPROPERTY.CO.UK | 020 8359 3399

Contact your councillors

Brunswick Park



Cllr Kathy Levine
 Cllr Lisa Rutter
 Cllr Roberto Weeden-Sanz

cllr.k.levine@barnet.gov.uk
 cllr.l.rutter@barnet.gov.uk
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Edgware



Cllr Linda Freedman
 Cllr Sarah Wardle

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Mill Hill



Cllr Golnar Bokaei
 Cllr Valerie Duschinsky
 Cllr John Hart

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Burnt Oak



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 Cllr Ammar Naqvi
 Cllr Charlie O-Macauley

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Finchley Church End



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 Cllr Jennifer Grocock
 Cllr Daniel Thomas

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 Cllr Stephen Sowerby

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Childs Hill



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 Cllr Shimon Ryde
 Cllr Peter Zinkin

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Garden Suburb



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 Cllr John Marshall
 Cllr Gabriel Rozenberg

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Totteridge



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 Cllr Alison Cornelius
 Cllr Caroline Stock

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Full Council meetings

Hendon

Annual Council - Tuesday 19 January 2021, 7pm, via Microsoft Teams or at Hendon Town Hall, The Burroughs, London NW4 4BQ, depending on government guidance.

Resident Forums

You can find the dates of the residents' forums on: barnet.moderngov.co.uk

For more information and for venue details, please visit: barnet.moderngov.co.uk

For details of surgeries, email: first.contact@barnet.gov.uk

Or write to us:
Members' Room,
Hendon Town Hall,
The Burroughs,
Hendon, NW4 4BG



TIER 2

HIGH ALERT



KEEP BARNET SAFE

<p>MEETING FRIENDS AND FAMILY </p>	<p>-bars, PUBS AND RESTAURANTS </p>	<p>RETAIL </p>	<p>WORK AND BUSINESS </p>
<p>No mixing of households indoors, apart from support bubbles. Maximum of six outdoors.</p>	<p>Pubs and bars must close, unless operating as restaurants. Hospitality venues can only serve alcohol with substantial meals. Venues must stop taking orders at 10pm and must close by 11pm.</p>	<p>Open.</p>	<p>Everyone who can work from home should do so.</p>
<p>EDUCATION </p>	<p>INDOOR LEISURE </p>	<p>ACCOMMODATION </p>	<p>PERSONAL CARE </p>
<p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	<p>Open.</p>	<p>Open.</p>	<p>Open.</p>
<p>OVERNIGHT STAYS </p>	<p>WEDDINGS AND FUNERALS </p>	<p>ENTERTAINMENT </p>	<p>PLACES OF WORSHIP </p>
<p>Permitted with household or support bubble.</p>	<p>15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.</p>	<p>Open.</p>	<p>Open, but cannot interact with anyone outside household or support bubble.</p>
<p>TRAVELLING </p>	<p>EXERCISE </p>	<p>RESIDENTIAL CARE </p>	<p>LARGE EVENTS </p>
<p>Reduce the number of journeys you make and walk or cycle if possible. Avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid travelling outside your area, or entering a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.</p>	<p>Classes and organised adult sport can take place outdoors, but cannot take place indoors if there is any interaction between people from different households. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	<p>COVID-secure arrangements such as substantial screens, visiting pods, and window visits. Outdoor/airtight visits only (rollout of rapid testing will enable indoor visits including contact).</p>	<p>Sport, live performances and business meetings limited to 50% capacity or 2000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower)</p>

Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

gov.uk/coronavirus

If you have any coronavirus symptoms:

A high temperature • A new, continuous cough
A loss of, or change to, your sense of smell or taste.

Get a test and stay at home