

barnetfirst

The council magazine bringing you news and community information

Issue 80 December 2019

Together,
**WE ARE
BARNET.**

Celebrating the festive season together

Pages 20-21



feel fab



“ As a carer I rarely get time to unwind. Keeping active leaves me feeling great and provides some well-earned ‘me’ time ”

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@BarnetCouncil #feelfab 

BARNET
LONDON BOROUGH

Leader's column

I hope you're all ready for Christmas and are able to enjoy the break over the festive season. If you haven't yet finished your Christmas shopping or just fancy exploring one of Barnet's many town centres, don't forget that we have once again made weekend parking free in every one of the borough's high streets this December.

This has been yet another busy and productive year for everyone in Barnet. If I could think of one word to encapsulate 2019, it would be growth (page 7). People often ask what that means on a practical level. For Barnet, it has meant the delivery of two new schools, new and improved community spaces, a multi-million-pound YouthZone for children and young people, and the opening of two new state-of-the-art leisure centres.

We shouldn't forget the government funding of £320million to help us build the Brent Cross Thameslink Station – a project that will herald the arrival of a new town centre in Brent Cross South.

Our Children's Services have made significant progress, achieving an improved Ofsted rating of 'good' in just under two years.

We are investing in street cleansing and also taking action against those who reduce our quality of life in Barnet. This has resulted in the removal of 1,850 fly-tips, while we have issued 1,200 fines for littering.

When I became Leader, I said our residents deserve nothing less than a good customer experience when they contact the council. This, however, shouldn't just be the case when you contact the call centre; it should be across the entire organisation, regardless of what department you are in contact with. That is why we are investing significantly in this area. We will improve standards and provide funding for new technology that will make it easier for you to engage with the council.

I am very clear on what we need to do in 2020: maintaining our excellent schools and increase school provision, starting work at Brent Cross, investing in our wonderful parks and open spaces, including the planting of 4,500 trees by 2025, and ensuring that we continue to clamp down on those who fly-tip and commit anti-social behaviour.

On a final note, please spare a thought for those who will be working throughout the festive season, particularly our frontline staff who keep the borough running. A special mention should also go to those who work in the NHS and emergency services.

I wish you all a very happy and peaceful Christmas.



Councillor Dan Thomas,
Leader of Barnet Council



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This magazine is printed on paper manufactured from well-managed and sustainable forestry under controlled, certified schemes. Promoting sustainable forest management. For more info: www.pefc.org



When you have finished reading our magazine, please recycle.

Contact us

Barnet First is a magazine filled with local news and community information for the borough of Barnet.

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If you would like a copy of Barnet First in large print or on tape, please email:

barnet.first@barnet.gov.uk

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You can see back issues of Barnet First magazine at:

www.barnet.gov.uk/news-hub

Essential works at Oakleigh Depot

Barnet Council's Oakleigh Depot provides a range of facilities for council street scene services and is the base for the borough's fleet of recycling and waste collection vehicles.

The depot was built by contractor Willmott Dixon in 2017 and has been experiencing ground movement on the main access road into the site. In the autumn, Willmott Dixon advised that urgent works needed to be undertaken to resolve the issue and ensure operations from the depot can be carried out safely.

The works taking place mean that there are limitations to how the council can operate out of the depot.

The safety of our staff is of paramount importance. We have commissioned an independent engineer who has advised us that the depot is safe to operate from. We have also established a set of monitoring sensors which will immediately alert us to any changes to the ground

conditions. These independent advice and monitoring arrangements will continue throughout the duration of the works.

Our focus has been on a solution that would enable us to run services with minimum disruption. The annual pause to garden waste collections therefore commenced in November to enable the council to support other street scene services.

Cllr Dan Thomas, Leader of Barnet Council, said: "We are doing everything we can to continue to run a reliable and efficient service for residents, which minimises disruption and enables our staff to operate safely within the depot.

"We ask that you bear with us while the pause to garden waste bin collections is in place."

Garden waste bin collections are planned to resume in February 2020. The works at Oakleigh Depot are planned to be completed by summer 2020.

While the works are being carried out, collections may take place later into the day.

Please make sure your recycling and refuse bins are placed at the boundary of your property where it meets the public highway by 6am on your collection day.

If you think your bin has not been collected, please visit www.barnet.gov.uk/bincollectionupdates for the latest bin collection information.

You can find out more about the essential works at: www.barnet.gov.uk/depotworks



What to do with your garden waste

Garden waste collections are paused every year over the winter period as demand for the service is reduced.

This year, the pause is extended to allow for the essential works to be carried out. During this period, you can compost your garden waste.

Composting at home is also a great way to turn your garden waste into useful compost. Items that can go into your composter include grass cuttings, twigs and hedge clippings, vegetable peelings, tea bags and egg shells.

Barnet residents can visit www.getcomposting.com and enter their postcode to purchase a compost bin at a discounted price.

Alternatively, you can take your garden waste to the Reuse and Recycling Centre, Summers Lane, North Finchley, N12 0RF.

Find out more at www.barnet.gov.uk/recycling



Become a Hate Crime Reporting Champion



This autumn, Barnet Council teamed up with community organisations including Barnet Mencap, Inclusion Barnet, Community Security Trust and the Metropolitan Police Safer Transport Team to raise awareness about reporting hate crime.

We signed up **176 Hate Crime Reporting Champions** at locations including BOOST Burnt Oak, BOOST Childs Hill, Edgware Broadwalk Shopping Centre, Barnet Council (Colindale) and Golders Green Bus Station. Hate Crime Reporting Champions include Barnet residents, Barnet Council staff, Metroliner Staff and Broadwalk Shopping Centre staff.

We recorded **32 Hate Crime Awareness Week Pledges** from community leaders including Cllr Lachhya Bahadur Gurung (Deputy Mayor), Cllr Roberto Weeden-Sanz, Cllr Anne Clarke and Cllr Sara Conway.

Please contact Barnet’s Hate Crime Reporting Co-ordinator, Reshma Hirani at projectsupport@barnetmencap.org.uk for further information.

Nominations open for Mayor’s Civic Awards

If you know an unsung hero who deserves recognition, then now is your chance to show them some appreciation.

The categories are: Young Citizen of the Year, Outstanding Service to the Community, and Lifetime Achievement Civic Award.

Now in their 20th year, the awards recognise and reward the amazing work done by community-minded people and groups in the borough. Nominate someone now at: www.barnet.gov.uk/civic-awards

Hard copies of the nomination form are available from libraries, council offices or by phoning the Mayor’s office on 0208 359 2652. The deadline for nominations is Tuesday 31 December.

The Worshipful Mayor of Barnet, Councillor Caroline Stock, said: “I am looking for people who have gone above and beyond to serve our community, people who deserve our appreciation. If you know someone who fits the bill, nominate them now!”

Each nomination will be reviewed by a judging panel. The winners will be invited to a ceremony in Hendon Town Hall on Wednesday 25 March 2020 to receive their award.



Free festive parking

This Christmas, we’ll be providing shoppers and visitors with free parking for every weekend in December.

Visitors to our high streets will be able to park without charge. Parking will be free in all Barnet pay to park bays and in the council’s car parks.

The dates you can park for free are:

- **Saturday 7 and Sunday 8 December**
- **Saturday 14 and Sunday 15 December**
- **Saturday 21 and Sunday 22 December**
- **Saturday 28 and Sunday 29 December**

For more information, please visit: www.barnet.gov.uk/parking

Please note that free parking only applies to council operated ‘paid for’ parking areas. It does not apply to permit bays or private car parks.

Valid permits will still be required at these locations.



Council contact centre between Christmas and New Year

If you need to contact us over the festive period, our customer contact centre will be open as usual between Christmas and New Year (apart from 25 – 26 December and 1 January, which are bank holidays).

The out-of-hours service will still be answered 24 hours a day for emergencies. For details of your festive recycling and waste collections turn to page 15.

Information regarding our services can also be found online at www.barnet.gov.uk during the festive period, and all the time.



Mark Holocaust Memorial Day with us

The 2020 Holocaust Memorial Day – 75 years after the liberation of Auschwitz-Birkenau and 25 years after the genocide in Bosnia – will be marked in Barnet on Sunday 26 January.

The commemoration will be at the Rickett Quadrangle within Middlesex University in The Burroughs, Hendon, NW4 4BT. The memorial service will begin at 2.30pm and attendees are asked to arrive and be seated by 2.15pm.

The Worshipful Mayor of Barnet, Cllr Caroline Stock, said: “We will remember everyone who has been affected by atrocities of the past and present across the world. We are genuinely privileged to live in a peaceful and democratic society. I am proud to be part of our diverse and multicultural borough where our growing population live side by side. Together, we are Barnet.”

The theme for 2020 Holocaust Memorial Day is Stand Together. Speakers for this year’s event are still to be confirmed. The full programme will be made available on the council’s website at www.barnet.gov.uk in early January.



Entrepreneurial Barnet competition launches

- Do you have an idea for a business, or run a business in Barnet that is less than two years old?
- Would you like the opportunity to win £10,000 and support for your business?

The Entrepreneurial Barnet competition is organised by us, Middlesex University and Barnet and Southgate College with the support of Brent Cross and Santander Universities.

It offers students and local entrepreneurs the opportunity to showcase their ideas.

In the upcoming contest there is a prize fund of £10,000, and an array of other prizes to help develop your business.

The competition is divided into three stages to identify and develop the very best ideas.

Stage one: The Elevator Pitch

Applicants have two minutes to pitch their idea to a panel of independent judges. Successful candidates will receive a ‘golden ticket’ and progress through to the next round.

Stage two: The Plan

Contestants are offered workshops and support to complete a business plan. These will be assessed by judges and three finalists will be chosen.

Stage three: The Final

Contestants go head-to-head and pitch a five-minute presentation in front of a live audience and panel of expert judges.

All entrants must be either:

- Undergraduate, postgraduate or alumni of Middlesex University
- Barnet and Southgate College student
- Barnet resident

To find out more about the Entrepreneurial Barnet competition, email: business@mdx.ac.uk, call: 020 8411 5050 or visit: www.mdx.ac.uk/bigidea



Have you got your FAB card yet?

Over 23,500 residents have registered for their FREE Fit & Active Banet (FAB) Card, helping them to fit more physical activity into their day by unlocking numerous benefits including discounted activities, free swimming for under 8* and 8 to 15-year olds swim for £1* (*Mon – Sat).

Recognising the important role of carers in the borough, in addition to the FAB Card benefits listed above, carers (adults and children), children in care, care leavers and foster carers receive the additional benefit of free swimming across all Barnet pools at any time.

Register for FAB Card at www.better.org.uk/FAB-Card

While online, why not explore the rest of the FAB Hub for more information and guidance on being active in Barnet.



Customer service changes

Following the council’s move to its new office in Colindale, customer service at Barnet House and Burnt Oak Library has now ended.

If you are requested to provide documents regarding your Housing Benefit or Council Tax they should now be emailed directly to the service at benefits@barnet.gov.uk for Housing Benefits or local.taxation@barnet.gov.uk for Council Tax.

If you are unable to provide a digital copy via email you can post them to London Borough of Barnet, PO Box 2015, Pershore, WR10 1PT. Good quality copies of your documents will be accepted.

For general customer service enquiries or assistance please visit www.barnet.gov.uk Many key services are also available via My Account which you’ll find on the home page.

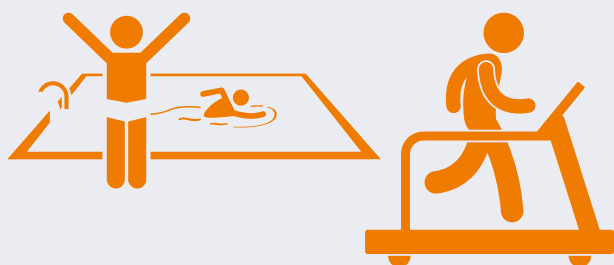
Enjoy where you live

We're continuing to add new enhancements and improve our services to make Barnet a brighter and better place for people to live, work and study.

In the past year, we've unveiled first-class facilities, services and initiatives that are making Barnet a place for people to lead healthier and happier lives.

Staying fit and active

- Invested **£45million** in building New Barnet and Copthall sports centres
- Transforming Montrose and Silkstream parks through **£5million** of improvements



A green and clean environment

- Installed **110** new e-vehicle charging points
- Increased investment in street cleaning by **£500,000**, recruiting 13 more street cleaners
- Removed **1,796** fly-tips



Keeping our roads and pavements safe

- Replacing old bulbs with LED lanterns in Barnet's 26,000 streetlights will save **£750,000** a year in electricity costs
- Filled in **2176** potholes, and resurfaced and improved **49** roads and **15** pavements



Children and young people

- Contributed **£4.2million** to building Unitas Youth Zone for 8-19-year olds



More homes

- Built **924** new homes, including **409** social rent, affordable and shared ownership



Top marks for Barnet pupils

Barnet's GCSE pupils have topped 2019 league tables after recording the highest Progress 8 results in the country.

Provisional results from the Department for Education show pupils in the borough performed extremely well when based on Progress 8 scores, which gauge the progress made by each student during their time at secondary school. Our students placed top nationally out of 151 local authorities.

At the same time, the average Attainment 8 score, which is a way of measuring pupils across eight qualifications including Maths and English, saw Barnet ranked second highest nationally.

The results also show that 79 per cent of Barnet pupils achieved a standard pass (grade 4 and above) in English and Maths, ranking the borough third best nationally, and 63 per cent achieved a strong pass (grade 5 and above) in English and Maths, ranking Barnet second highest nationally.

In this year's A Level examinations, students also performed strongly, exceeding national averages, and seeing Barnet placed seventh highest in the country based on the percentage of pupils achieving three A* to A grades.

The number of Key Stage 2 pupils reaching the expected standard in Reading, Writing and Maths combined placed Barnet seventh highest in the country.

Our primary schools are more popular than ever

Last year every parent who applied got a place for their child

Online applications are now open,
closing date is 15 January 2020

www.eadmissions.org.uk



Apply online at: www.eadmissions.org.uk

For a quick, easy and secure application online

What is the UK Youth Parliament?

Lara Duzgun, Member of Youth Parliament for Barnet, tells us more about what UK Youth Parliament is and why she got involved.

“The UK Youth Parliament enables you to use your energy and passion to change the world for the better.

“The UKYP is a national forum run by the British Youth Council by young people for young people, which provides opportunities to work with Members of Youth Parliament from around the UK.

“Barnet has two Members of Youth Parliament (MYP); they are elected by 11-18-year-olds from across Barnet. During their term of office MYPs work with their MPs, decision makers, councillors and local youth groups on the issues of greatest concern to their constituents.

“The MYPs also chair Barnet Youth Board where they can take local matters of concern and represent them at a national level.”

Why would I recommend becoming an MYP?

“I would say that it would be the freedom that each member is given to plan and coordinate the steps they would take to achieve the goal of their campaign.

“Although we are young, we are not treated like ‘kids’ but approached with trust and maturity. We choose the actions that we would like to take and the staff behind UKYP work with you accordingly to that, offering support from the numerous, skilled departments present within Barnet Council. This enables the MYPs to comfortably work through the tasks that arise in UKYP.”



Savan Dattani and Lara Duzgun, Members of Youth Parliament for Barnet at a recent trip to the House of Commons.

Want to get involved or find out more? Email: youthassembly@barnet.gov.uk

Want to get involved?

This year, we will be electing two Members of Youth Parliament and two Youth Ambassadors to represent Barnet. Both roles will be a two year term of office.

If you would like to find out more about the two roles please visit www.barnet.gov.uk/young-people/youth-and-democracy

To register your interest please email Rebecca.Morris@barnet.gov.uk

Online applications will open on **Friday 13 December 2019** and an information evening to find out more about the two roles will be on **Wednesday 15 January 2020.**

Want to write a feature article for the next Barnet First magazine?

We want to give a voice to young people and offer them the chance to share their views with other young people and adults in Barnet. Any young person aged 12-18 can submit an article for the next issue of Barnet First.

We want to hear your views anything from education, employment, health and positive activities.

If you would like to write an article or know any budding writers who would be keen to share a story, here's what you have to do:

- Keep your article to fewer than 400 words
- Email us on barnet.first@barnet.gov.uk with your article, name and details. Send us your article by 10 February 2020

In your email to us please say:

- Why you chose what to write about
- Ensure you provide consent from your parents/guardians



We can't wait to read your stories.

Keep safe this winter



The Barnet Safer Communities Partnership, which includes the council and police, are working together to prevent burglaries and bring to justice those who commit burglaries in Barnet. There has been a 1 per cent reduction in the level of burglaries in Barnet compared to a year ago, and in the last 12 months alone, there have been 78 burglaries for which the Police has identified and brought the suspects to justice.

What's being done to tackle burglary in Barnet:

- The Police and council have expanded the Automatic Number Plate Recognition (ANPR) and CCTV camera coverage. More roads in Barnet than ever before are protected by ANPR and CCTV cameras, seven days a week 24 hours a day, helping to prevent and deter crime involving vehicles.
- The Barnet Safer Communities Partnership has invested in the OWL (Online Watch Link) system to

keep you and your community safe and updated with the latest crime prevention advice from the Police and Neighbourhood Watch. Over 24,000 residents have signed up to OWL in Barnet.

- We are working closely with Neighbourhood Watch whose trained watch coordinators are delivering crime prevention advice to their local areas. The number of Neighbourhood Watches in Barnet continues to increase – there are now more than 3,000 Watches across the borough.

What can you do?

There are simple steps you can take to protect your home from burglary. Make sure you:

- keep all windows and doors locked when you go out
- do not leave valuables near the windows or in the light
- have a light switched on in your house when you go out or get a timer switch
- do not leave any post sticking out of your letter box.

For more information on burglary crime prevention advice, visit:
www.met.police.uk/cp/crime-prevention

For more information about or to sign up to OWL, visit:
www.owl.co.uk/met



New energy-efficient streetlights will save £750,000 per year

Barnet Council will install LED lanterns in all its streetlights as part of an improvements programme that will save £750,000 per year in energy costs and improve the borough's carbon footprint.

The new LED lighting will provide a better and brighter source of white light for pedestrians and motorists. Colours will appear more distinguishable so that objects look sharper and clearer at night, making it easier to drive safely at night.

The new LED lighting will be more directional, concentrating light into the road and footway so that less light pollution reaches residents' homes and gardens.

They will also make it easier for CCTV cameras to pick up clear images of people's faces after dark, improving the security of the borough.

The council will cut over 3,500 kilowatts per hour from its energy consumption after the new streetlighting has been installed – the equivalent of 8,000 homes and a significant reduction to its carbon footprint.

Stay well this winter

Winter conditions can be seriously bad for our health, especially for people aged 65 or older, and people with long-term medical conditions such as bronchitis, emphysema, asthma, diabetes or heart or kidney disease.



Did you know?

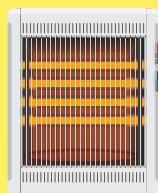
Being cold can raise the risk of increased blood pressure, heart attacks and strokes. The cold and damp weather, ice, snow and high winds can all aggravate existing health problems and make you more vulnerable to respiratory winter illnesses. But there are lots of things you can do to stay well this winter. Follow the tips below to ensure you stay well this winter.

Feeling unwell?

At the first sign of a winter illness, even if it's just a cough or cold, you can get advice from your pharmacist, before it gets more serious. The sooner you get advice from a pharmacist the better. Pharmacists are fully qualified to advise you on the best course of action. If you can't get to a pharmacist yourself, ask someone to go for you or call your local pharmacy.

Top tips to manage winter illness symptoms at home:

- Rest
- Keep your home at 18°C (65°F) or higher, if you can
- Drink plenty of fluids
- Have at least one hot meal a day to keep your energy levels up
- Use over-the-counter medications to help give relief



Where to go for the right medical care this winter

GP, pharmacy, or www.nhs.uk - For less urgent health needs, contact your GP or local pharmacist. You can also access NHS advice at www.nhs.uk

Call 111 - If you need medical help fast but it's not a 999 emergency, call NHS 111 for clinical advice, assessment and for direction to the most appropriate services for treatment.

Visit one of Barnet's three walk-in centres – at Edgware Community Hospital, Finchley Memorial Hospital and Cricklewood Health Centre. Use your walk-in centre if you need medical treatment or advice which does not need a visit to A&E. These centres treat most injuries and illnesses that are urgent but not life threatening. For example, sprains and strains, broken bones, minor burns and scalds and minor head and eye injuries.

999 - For life-threatening emergencies always call **999**

Look out for other people

Remember that other people, such as older neighbours, friends and family members, may need a bit of extra help over the winter. There's a lot you can do to help people other people in the community.

Icy pavements and roads can be very slippery, and cold weather can stop people from getting out and about. Keep in touch with your friends, neighbours and family and ask if they need any practical help, such as help with shopping.

PEST CONTROL

From making sure that your garden is rat free, to comprehensive pest management of your business.

We are here to help

We offer **treatment, monitoring and protection** services for **residential** properties and **commercial** contracts for food businesses, schools, HMOs and more.

- Mice
- Rats
- Wasps
- Fleas
- Cockroaches
- Ant and Exotic Ants
- Bed Bugs
- Squirrels
- Insects

Commercial premises quote "BARNETFIRST" for 5% discount on 1st year of contract.

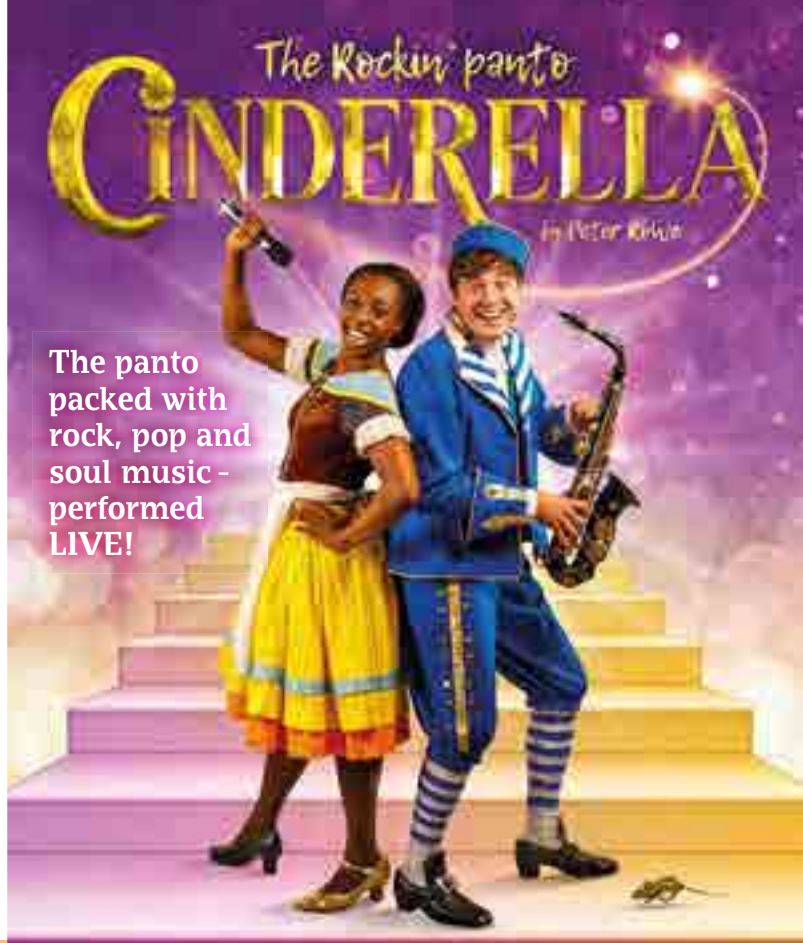
Contact us:

020 8359 7799 | pestcontrol@barnet.gov.uk
barnet.gov.uk/pest-control

The Rockin' panto CINDERELLA

by Peter Kilmartin

The panto packed with rock, pop and soul music - performed LIVE!



arts depot Sat 30 Nov 2019 - Sun 5 Jan 2020
BOOK NOW! 020 8369 5454
www.artsdepot.co.uk



Building an extension or converting your loft or garage?

You will need the work checked and approved for compliance with the building regulations.

LABC Barnet ensures work is safe, up to standards, is energy efficient and helps protect you against rogue builders.

Our building control experts can help bring in your project on time and within budget.



 building.control@barnet.gov.uk

 020 8359 4500



Season's Grittings!



As the days and nights grow colder, our winter salting programme will ensure that 150 miles of our busiest roads are safe. This winter, we'll have 11 gritters and our staff will be working 24 hours a day, seven days a week.

Before you head out this winter, read our top tips to ensure you travel safely:

Check the Met Office weather forecast:

Before you set off on your journey, make sure you visit www.metoffice.gov.uk to check for weather warnings and road conditions before travelling. Remember, always allow extra time and take care.



Keep emergency equipment in your car:

Make sure you have a bottle of water, non-perishable food, a first aid kit, torch, in-car mobile phone charger, blanket and spare waterproof clothing. If you need to travel to more rural areas, be sure to also pack a shovel.









Wear sturdy footwear:

If you do have to go out in the snow or ice, wear a good pair of boots, they keep your feet warm and have more grip than trainers or other shoes.



Prepare your vehicle:

It's a good idea to make sure your vehicle is fully serviced before winter starts and that you have the anti-freeze tested. If you can't do a service, you can do your own checks:

-  Lights are clean and working
-  Battery is fully charged
-  Windscreen, wiper blades, and other windows are clean and the washer bottle is filled with screen wash
-  Tyre condition, tread depth and pressure (of all the tyres, including the spare)
-  Brakes are working well
-  Fluids are kept topped up, especially with windscreen wash, anti-freeze and oil.

Drive carefully:

If you find yourself driving in snow or on icy roads, adapt your driving to these conditions. Reduce your speed smoothly, avoid harsh braking and sharp steering.



Did you know?

We have 3,200 tonnes of salt in our salt barns ready to use this winter and 500 gritting bins across the borough were filled at the start of the winter season.



Follow us on Twitter @barnetcouncil or visit our website at barnet.gov.uk/wintergritting for regular updates.

On the 12 days of Christmas our recycling tips will be...



1



Write a list and check it twice...

Save money and avoid waste by only buying the food you need.

2



Play your cards right!

You can put old Christmas cards in your blue recycling bin, but remember if they have foil or glitter on them, they can't be recycled and should be placed in your black refuse bin.

3



Christmas is coming, the cardboard's getting flat

Any flattened cardboard that doesn't fit in your blue recycling bin can be put out alongside the bin in pieces no larger than one-metre squared.

4



Be sweet and recycle that treat

Clean sweet tubs, biscuit containers and mince pie trays made of plastic or foil can all be placed in your blue recycling bin.

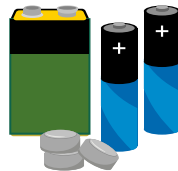
5



Food, glorious food...

Why not use your leftovers to make delicious meals for your family and friends? Visit the website below for more details.

6



Power up your recycling

Recycle used batteries by placing them in a clear bag on top of your blue recycling bin.

7



Finished bottles of shampoo? With aerosols they go in blue!

Empty aerosols, shower gel containers, shampoo bottles and moisturiser tubs can all be placed in your blue recycling bin.

8



Everything must go!

Take unwanted household items to the Reuse and Recycling Centre, Summers Lane, North Finchley, N12 0RF where most of them can be recycled. The centre is open from 8.45am to 4.15pm every day except Christmas Day, Boxing Day and New Year's Day.

9



Clearing out the closet?

Clothing and shoes can't be placed in your blue recycling bin. Why not donate them to a local charity shop? Alternatively, you can take them to the Reuse and Recycling Centre at Summers Lane.

10



Electricals lost their spark?

Take any small electrical items to the Reuse and Recycling Centre at Summers Lane. Remember, please do not place them in your blue recycling bin.

11



When the party's over...

Make sure to recycle all your empty glass bottles, plastic bottles and cans in your blue recycling bin.

12



O Christmas tree...

Between 6 January and 1 February, real Christmas trees will be collected. If you would like your real Christmas tree to be collected during this period, please ensure it is **cut in half** and put the at the boundary of your property on your normal collection day. Alternatively, they can be taken to Reuse and Recycling Centre at Summers Lane.

Your Christmas recycling and waste collection schedule

Normal collection day	Revised collection day
Monday 23 December	Monday 23 December (NO CHANGE)
Tuesday 24 December	Tuesday 24 December (NO CHANGE)
Wednesday 25 December	Friday 27 December
Thursday 26 December	Saturday 28 December
Friday 27 December	Sunday 29 December
Saturday 28 December	Monday 30 December
Monday 30 December	Monday 30 December (NO CHANGE)
Tuesday 31 December	Tuesday 31 December (NO CHANGE)
Wednesday 1 January	Thursday 2 January
Thursday 2 January	Friday 3 January
Friday 3 January	Saturday 4 January
Saturday 4 January	Sunday 5 January

Your blue recycling bin and black refuse bin collections will resume on your normal collection day from the week commencing 6 January 2020.



Garden waste collection pause

Due to urgent works at Oakleigh Depot, garden waste bin collections are currently paused. This is to enable the council to support other street scene services.

Collections are planned to resume in February 2020.

For more information visit

www.barnet.gov.uk/depotworks.



Real Christmas trees

Between 6 January and 1 February, real Christmas trees will be collected. If you would like your real Christmas tree to be collected during this period, please ensure it is **cut in half** and put at the boundary of your property on your normal collection day.

What goes in your recycling bin?

Recycling bin	Yes please ✓	No X
	<ul style="list-style-type: none"> ✓ aerosols ✓ cardboard ✓ cartons ✓ food tins and drink cans ✓ mixed glass bottles and jars ✓ mixed paper ✓ plastic bottles ✓ plastic tubs, pots and trays 	<ul style="list-style-type: none"> ✗ nappies - place in black refuse bin ✗ food waste - place in black refuse bin ✗ textiles - donate or take to Reuse and Recycling Centre ✗ wood - take to Reuse and Recycling Centre ✗ electrical items - take to Reuse and Recycling Centre ✗ polystyrene - place in black refuse bin ✗ clinical waste - arrange clinical collections by visiting the website below ✗ batteries - place in a clear bag on top of your blue bin ✗ black sacks or plastic bags - place in black refuse bin

Find out more at: www.barnet.gov.uk/recycling



What's on this Christmas



www.barnet.gov.uk/yearoflearning



North Finchley, N12 0GA
www.artsdepot.co.uk

I Love Barnet: Photographic Competition and Exhibition

Deadline for entries:

Tuesday 31 December 2019

Try your luck in our 'I Love Barnet' photo competition, taking place at Colindale Library. Take a picture of your favourite spot in Barnet, add a short caption (Max. 20 words) and hand in to staff or email to: colindale.library@barnet.gov.uk Best picture wins a prize. All pictures will be displayed in our 'I Love Barnet' exhibition.

Chicken Shed Theatre present Christmas Tales in Barnet

Tuesday 17 December to

Friday 20 December 2019

Chipping Barnet, Colindale and Finchley Church End libraries

Come along to enjoy some Christmas tales told by the Chicken Shed Theatre company. For dates and times visit: www.barnet.gov.uk/yearoflearning. There are a range of sessions suitable for babies, toddlers and children aged 6 and above.

Tickets: £5



All Wrapped Up

**Until Tuesday 31 December 2019,
10am and 1pm**

Unwrap a world of imagination in Oily Cart's mischievous, wintery show. Discover the stories hidden in scrunched up paper in this interactive and inclusive show for under 5s.

Tickets: From £9

Climate Emergency!

Until Friday 3 January 2020

10am to 4pm daily

An exhibition co-created by three Barnet schools to explore their personal responses to climate issues through a series of structured workshops.

FREE entry

Cinderella - The Rockin' Panto

Until Sunday 5 January 2020,

2.30pm and 7.30pm

Shake a Tail Feather and head Downtown for a chart-topping pantomime packed with rock, pop and soul! Get ready for a pantomime party for all generations as the multi-talented cast of actor-musicians tell your favourite fairy tale filled with your favourite songs.

Tickets: £18



Christmas and New Year



The
Bull
THEATRE

68 High Street, Barnet, EN5 5SJ
www.thebulltheatre.com

ROYAL AIR FORCE **museum**
LONDON

Grahame Park Way, NW9 5LL
www.rafmuseum.org.uk

Aladdin

Friday 14 – Monday 30 December 2019

The Bull Theatre brings you another 'home-grown panto'. Aladdin is the classic 'rags to riches' tale with a young hero, a beautiful heroine, an evil villain and an exotic setting.

Throw in a hilarious dame and some jaw-dropping magical effects and it's just fun, fun, fun for the whole family. Support your local theatre and get your tickets now. There will also be photo opportunities with cast members and the Bull Theatre building will be transformed into a Winter Wonderland.

Tickets from £12.50



Letters Home Trail

Until Sunday 5 January 2020, 10am-3pm

Join some festive fun and take part in the Letters Home Trail. Find the various items around the Museum that make up the letter then head back to the 'Post Office' to receive your chocolate reward.

Entry: £3



parkrun

Every Saturday, 9am

Oak Hill Park, Sunny Hill Park and Friary Park
Have fun and get in shape for the new decade by joining one of Barnet's parkruns at Oak Hill Park, Sunny Hill Park and Friary Park. Open to everyone over 14 with junior parkrun at Friary Park also open to 4 to 14-year-olds. Find out more at www.barnet.gov.uk/parkrun

FREE



Need medical help but not sure what to do?

NHS 111 can help!

The NHS 111 phone line and NHS 111 online make it easier for you to access local NHS healthcare services in England. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. You should use the NHS 111 service if you urgently need medical help or advice but it's not a life-threatening situation. Dial 111 or visit 111.nhs.uk if:

- you need medical help fast but it's not a 999 emergency
- you think you need to go to A&E or need another NHS urgent care service
- you don't know who to call or you don't have a GP to call
- you need health information or reassurance about what to do next

Dialling 111 will get you through to a team of fully trained advisers and clinical healthcare professionals including nurses and GPs. They will ask questions to assess the symptoms and give you the healthcare advice you need or direct you to the right local service. Where possible, the NHS 111 team will book you an appointment or transfer you directly to the people you need to speak to.

Calling NHS 111 is the way to access GP services out of hours when your GP practice is closed in the evening and at weekends. Depending on your clinical need, you could be given advice over the phone, asked to attend an appointment with a GP at a local NHS centre, or offered a home visit.

NHS 111 can also book appointments with the GP Extended Access service which is available at certain local GPs practices in Barnet available from 6.30pm to 9.00pm on evenings, weekends and bank holidays. Alternatively, you could be directed to a local walk-in service or urgent care centre, a district nurse, emergency dentist or A&E – or it may be something as simple as a late night chemist. If they think you need an ambulance, they will send one immediately – just as if you had originally dialled 999.

When using NHS 111 online, you will enter your postcode so that services located closest to you can be identified. You will then be asked some questions about your main symptom and the most appropriate service to help you will be identified or you will get a call from a nurse if this is needed.

If a health professional has given you a specific phone number to call when you are concerned about your condition, continue to use that number.

For immediate, life-threatening emergencies, continue to call 999.



The EU Settlement Scheme – the facts

The EU Settlement Scheme allows EU citizens to continue to live, work and study in the UK without any immigration time restrictions after the UK leaves the European Union. EU citizens still have plenty of time to apply for settled status.

Barnet's thriving EU population

According to the latest population data, the borough of Barnet is home to an estimated 45,000 EU citizens.

Of those, 15,000 have already secured settled status, meaning that they can continue to live and work in the UK after it leaves the EU.

“Barnet is home to 45,000 EU citizens.”

Applying to the EU Settlement Scheme

The EU Settlement Scheme makes it easy for EU citizens and their family members who want to stay in the UK to get the UK immigration status they need. It's free and they only need to complete three key steps - prove their identity, show that they live in the UK, and declare any criminal convictions.

The easiest way to apply is online.

Visit: www.gov.uk/settled-status-eu-citizens-families/applying-for-settled-status

Getting help with your application

Barnet Council ID verification process

We're offering support with the digital ID verification process as part of your application to the Home Office.

If you can't use the **EU Exit: ID Document Check** app, we can check and verify your passport in person.

If your mobile phone or other device can't access the online app and you're eligible to apply for settled status, you can attend an appointment at Barnet Register Office at **Hendon Town Hall**.

Your document will be scanned and verified. The scan will confirm your identity so that you'll be able to make an application for settled status. We won't retain your passport and in most cases you won't be asked to send your passport anywhere else during your application.

During your appointment, you will need:

- Your current valid EU biometric passport or valid biometric residence card
- A mobile phone that can receive SMS text messages
- A valid email address – you will be required to complete your application at a later date

Please note, this service does not accept national identity cards. We can't advise on eligibility or likelihood of success of your application.

The cost of the service is £14 (including VAT). Appointments will take place between 9am to 4pm, Monday to Friday. To book an appointment, please call us on **0208 359 2074**

Help for Barnet residents

Barnet's Citizens Advice Bureau (CAB) is helping people who may find it difficult to apply for settled status, especially those who are vulnerable.

People can access Barnet CAB's service by coming to one of their drop-in sessions, phoning their Helpline on **0300 456 8365** or by emailing eu@barnetcab.org.uk

For more information, visit: barnetcab.org.uk



HM Government

IF YOU'RE AN EU CITIZEN LIVING IN THE UK APPLY TO THE EU SETTLEMENT SCHEME



The EU Settlement Scheme protects the rights you currently have in the UK. EU citizens can apply from **30 March 2019**.

To find out more and to apply visit:
[gov.uk/eusettlementscheme](https://www.gov.uk/eusettlementscheme)



Together, WE ARE BARNET

We're celebrating the rich mix of people who call Barnet home

The borough has a proud history of people from diverse communities living happily side by side. Together, we are Barnet highlights some of our many social enterprises, sports clubs and local projects, as well as individuals, who contribute so much to our community. Here are some of the groups that are uniting a wide range of people from across the borough.



Filomena Komodromou, Bread n Butter

"Bread n Butter runs cookery workshops for people of all backgrounds and ages. We have already helped many people to expand their knowledge of healthy eating and teaching them how to cook tasty nutritious food.

"Our classes get people meeting and mixing with others in the community. We get people talking and sharing their knowledge. You hear a lot about community spirit being dead in London but I don't believe that. Community spirit is there and we're harnessing it."

Visit: www.breadnbutter.org.uk



Eileen Rumble, Friary Park junior parkrun

"Our first parkrun was in April 2018. Since then we have grown to have more than 100 children run every week, all supported by a committed group of 40 parents who volunteer their time.

"The parkrun has really helped to knit the local community together. Children get to meet and socialise, and their parents volunteer to marshal the run and provide refreshments. They also use their time to litter pick in the park. I'm proud to say we are transforming lives and the community."

Visit: www.facebook.com/juniorkparkrunfriarypark



Hadassa Kessler, Kisharon

"At Kisharon, we want to create a world in which people with learning difficulties have the same opportunities as their mainstream peers. We help individuals to progress, achieve independence, enjoy life and to become valued members of their community, through meaningful vocation and a fulfilling social life.

"Our social enterprises, like the bike repair shop, ensure that people in supported living or living in the family home take an active role in their community and form lifelong social ties."

Visit: www.kisharon.org.uk

Our
partners





Jackie Goymour, Women's Interfaith Network

"In Barnet, Women's Interfaith Network has members who represent 13 different faiths. We meet regularly to learn about one another's faiths and cultures, and join in the celebrations of one another's festivals.

"Our group is a place of learning and understanding. Our aim is to challenge the harmful stereotypes out there and find the common things that are universal to each of us. It's a cliché but it's true: there is far more that unites us than divides us."

Visit: www.wominet.org.uk



Winter Faith festival

Our borough is home to many diverse faiths. Many of these celebrate festivals or mark other important dates over the winter months, and our Winter Faith programme of events is designed to open these up to a wider audience to promote awareness and shared understanding. People will have the opportunity to visit places of worship to learn about different cultures and religious practices.

The Winter Faith programme is available on www.engage.barnet/togetherbarnet. Visit the website to find out where to share a devotional gathering with members of the Baha'i faith, enjoy hot chocolate and mince pies in a mosque, or join in an inter-faith blood donation session – and much more.



Barnet Through My Eyes

We are running a photography competition through Barnet's secondary schools. Called 'Barnet Through My Eyes', we are encouraging young people to produce an image that illustrates their experience of the positive diversity in the borough. The winning entries will be exhibited to the public in January. Visit www.engage.barnet/togetherbarnet for details.

Get involved

If you live, work, study or volunteer in the borough then we want you to submit a selfie or photo of yourself and share a message about why you love living in Barnet's diverse community. Submissions could feature in our online gallery and you could become one of the 'Faces of Barnet' included in our community artwork project! Visit www.engage.barnet/togetherbarnet to upload your photo and find out more about the campaign.

Or if you're part of a group that brings together people from across the community, then we want to hear from you. Tell us about your group and events that you're hosting and you could feature in our campaign.

#TogetherBarnet



Help us celebrate Barnet.

Tell us your story and share your photos: engage.barnet.gov.uk/togetherbarnet



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Can you help a child in care this Christmas?



This Christmas, instead of racking your brain to think of a gift you don't really need, why not support a child in care or care leaver?

Your donation could help to unlock their potential and allow them to follow their hopes and dreams this Christmas.

The festive season can be an incredibly difficult time for a child or young person who is not living with their birth family.

As some of the most vulnerable members of society, children in care (also known as looked after children) are four times more

likely to be prone to mental health problems and often struggle with independent living leading to homelessness.

It is also a sad fact that children who have been in care are far more likely to end up in the criminal justice system.

Live Unlimited provides extra support, inspiration and opportunities to Barnet's 639 looked after children and care leavers.

Any donation, no matter what size, helps.

£10 will help a young person like Ben* buy a pair of football boots so he can join his local football club and break his isolation



£25 will help a young person like Emma Harris (pictured) learn to drive and help her move one step closer towards achieving her dream of becoming a mobile hairdresser



£50 will help a young person like Morris Deer (pictured) to pay for a set of tools so he can complete his apprenticeship.



To find out more or make a donation please visit www.liveunlimited.org.uk or <https://justgiving.com/campaign/liveunlimited2019>

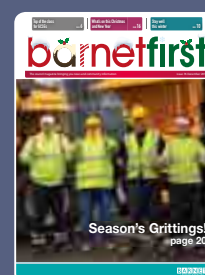
*Name changed

Interested in advertising in Barnet First?

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Promote your product or service in this full colour quality A4 magazine, which is delivered quarterly to 147,000 homes.

For more information on advertising options and discount offers on multiple bookings visit: www.barnet.gov.uk/barnetfirst-advertise



How will you be celebrating this season?



As the festive season sets in and preparations to celebrate Christmas and the New Year are in full swing, there are a range of other religious and spiritual festivals and social events celebrated by Barnet's diverse community.

Here we list a few of the many celebrations that take place over the winter months:



10 November 2019

Mawlid an-Nabi is the observance of the birth of Prophet Muhammed and is acknowledged by Muslim communities. On this day, stories are told about different aspects of the life of the Prophet.



22 – 30 December 2019

Hanukkah is celebrated by Jewish communities around the world with candles lit for eight days to commemorate the rededication of the Second Temple in Jerusalem and the defeat of the Greeks who had attempted to wipe out Judaism.



22 December 2019

The December winter solstice is an important event for Pagan and Druid communities and is a time to honour the cycles of life and death and celebrate the sun's rebirth.



21 December 2019

The festival of Yalda marks the end of the longest night of the year and is celebrated by Barnet's Persian and Iranian residents.



25 December 2019

Christmas is celebrated by Christians to mark the birth of Jesus Christ. Services in churches will include Bible readings about the birth of Jesus, Christmas carols and Nativity plays. Christians in the Orthodox tradition will celebrate Christmas on 7 January.



13 January 2020

Guru Gobind Singh Jayanti is celebrated by the Sikh community as the birthday of their tenth and last guru, Guru Gobind Singh. The day is marked with large processions and special prayer gatherings at all Gurdwaras (temples).



19 January 2020

World Religion Day, observed worldwide on the third Sunday of January each year, is Baha'i inspired, and encourages followers of every religion to acknowledge the similarities that different faiths have.



30 January 2020

Vasant Panchami, also called Saraswati Puja, or the Festival of Kites, is celebrated in various ways depending on region, by Hindu and Sikh communities and highlights the coming of spring.



8 January 2020

Bodhi Day is celebrated by the Buddhist community to commemorate the enlightenment of Siddhartha Gautama.



25 January 2020

The Chinese New Year, also known as the Spring Festival, is celebrated in various ways depending on region and is a time for families to come together. Traditions include a New Year's Eve dinner, fireworks and a Lantern Festival. 2020 is the year of the Rat.

It is a source of strength and pride in Barnet that our diverse communities get on well and live together in peace and harmony. We wish all our residents the warmest season's greetings as we come together with friends and families to celebrate what is important.

Supporting local business:



Veronica Heaven is director of The Heaven Company, a consultancy providing expertise and management support in communications, sustainability and wider responsible business issues, and is the founder of Brief Cases. She helps clients find and communicate compelling messages and implement change with commercial realism and sustainability in mind.



Veronica Heaven

I am extremely proud of being welcomed as a Freeman of the Guild of Entrepreneurs at Guild Hall, City of London. Recently I won an Outstanding Achievement Award for inspiring women and young people, which was decided by industry vote. Perhaps what I am most proud of is the fact that I'm in business – delivering sustained progress, moving forward and reaching milestones.

What has been your biggest challenge?

As entrepreneurs, our biggest challenges are around risk and investment. Investing in an idea that you believe in and making it work to become profitable. When I left the industry that I worked in for many years I looked beyond the sector that I was familiar with. I went further afield, into new sectors and even looked abroad – that's why today I work with clients in different areas: retail, food, drink, brewing, architecture, IT and internationally. Starting a business in the deepest part of a recession was a massive challenge especially as I had to tread new territory and reach new industry sectors but it strengthened me and made me and my business more resilient.

What has your business given back to the community?

The Brief Cases programme encourages a positive link between business and education and spans secondary level education through to Masters' level learning, bringing education and the world of work closer together.

We are working with schools in Barnet as well as supporting post-graduate students in a programme called Brief Cases at Middlesex, which was created in collaboration with Middlesex University.

How has Barnet Council supported your business?

Barnet Council recognises local business with its 'Entrepreneurial Barnet' strategy and does a good job of keeping in touch - highlighting developments and changes directly through local business networks such as the Federation of Small Businesses monthly network meeting.

This summer, The Heaven Company was accredited with the Mayor of London Healthy Workplace Award. We are the first micro business in London to have been accredited. We have Barnet Council to thank for highlighting this type of opportunity to us.

What advice would you give to anyone starting out in business?

There is a truth in the saying: 'the harder I work the luckier I get'. It's even more true if the activities and direction of the work you undertake is consistent with your aims and goals and that you are working to achieve your plan.

The number-one tip I would tell anyone starting out in business is 'be consistent'. The second thing is 'work your plan and play to your strengths'.

Why did you decide to start your business?

I always knew I would have my own business. I set up The Heaven Company based on the firm belief that not only can business people do good, but do better by working together.

I am a natural collaborator and my company's values reflect what I believe in: integrity, understanding, collaboration and positive behaviour. For me, these are the guiding principles and the basis for the way we work.

What has been your proudest moment?

I am proud of being trusted by my clients to guide and help them with some big decisions and moments of transition and development for their businesses.



(L-R) Dr Onkar Sahota, Veronica Heaven and Zane Morris-Stewart.

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Community **fOCUS**

Strength and Learning Through Horses

Strength and Learning Through Horses is a partnership charity of Strength in Horses established by Dr Jemma Hockley in 2008 and Learning Through Horses by Rosie Bensley in 2014.



Over time he began working with the horses and formed a particular bond with a pony which also struggled with anxiety due to past trauma.

Simon was able to train the pony to overcome her anxiety in a number of situations and applied the same learnings to himself. He learned to develop a range of successful coping mechanisms to manage his own anxiety.



Strength and Learning Through Horses is based in Edgware and works with young, vulnerable people or those with mental health, learning or behavioural difficulties.

The aims are to help these young people to make positive changes in their lives through working with horses on an equine assisted therapy or education programme.

Success story

Simon* is one of their many success stories. His autism diagnosis made it hard for him to build relationships with others and his anxiety had reached a debilitating stage that he struggled to leave the house.

For the first few weeks, Simon was too anxious to touch any of the horses and couldn't engage with his peers. He merely watched from the sidelines.



Last year, over 250 young people attended equine-assisted therapy services, education programmes, holiday camps, work experience programmes and after-school clubs, learning how to increase their confidence, manage their anxieties and build friendships with others.



The Horse Whisperer

The other young people in his school recognised his natural rapport with the horses and nicknamed him 'The Horse Whisperer'. They began to ask him for help at the stables which gave him the opportunity to build friendships and to show his leadership skills.

Today, Simon is a confident young man who has gone on to college to study animal care.

Volunteers wanted

Strength and Learning Through Horses is supported by Global Radio through their Make Some Noise campaign.

If you want to help, then they are looking for volunteers especially for anyone with DIY skills who can do small maintenance jobs at the stables.

To make a donation visit www.goldengiving.com/secure/donation/strength-and-learning-through-horses

More information can be found at www.strengthandlearningthroughhorses.org, follow on Facebook (@learningthroughhorses) or Twitter (@SandLTH).

383 for great local links

The 383 is a fabulous little bus service at the heart of your community. It offers great local links helping everyone get where they want to be.

We really think it's time you joined your neighbours on board. The map here shows where you can go - full timetables and live bus arrivals are online at tfl.gov.uk.



run by **UNO**



We're recruiting!
Contact us for details

Luxury Care Home in London Candlewood House Opening February 2020

Candlewood House Care Home officially opens its doors in February 2020. Alongside immaculate interiors and thoughtfully designed facilities, we will deliver the specialised and high-quality care we are proud of at TLC Care.

Nursing, Residential, Dementia and Respite Care
Visit our spectacular care home's marketing suite, open seven days a week, including evenings.

Please contact us to arrange a visit:
Bentley Drive, 175-185 Cricklewood Lane, London, NW2 2TD
020 8108 9614 | info@candlewoodhouse.co.uk

- Our facilities will include:
- Concierge service
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 - Hair and spa salons
 - Landscaped gardens
 - Orangery
 - Balcony garden
 - Cinema
 - The House Café

 **TLC**
Candlewood House
tlccare.co.uk/candlewood-house

Volunteering opportunities in Barnet

Get involved in your local community

Volunteering helps to increase personal wellbeing



People choose to volunteer for many reasons. A chance to give something back to the community, make a difference to the people, an opportunity to develop new skills or to build on existing knowledge.

All volunteers find volunteering both rewarding and enjoyable as the main benefits are:

- giving back to the community
- taking notice of those around them
- being active in a fun and fulfilling experience
- learning something new
- connecting to others

Get in touch with Volunteering Barnet who can help you begin your volunteering journey. Visit their website: volunteeringbarnet.org.uk/volunteers



Some examples of volunteering opportunities

Fundraising and Event Volunteer – Young Barnet Foundation

The Young Barnet Foundation holds fundraising events throughout the year, from stalls during summer, to Christmas fairs, supermarket bag packs and collections.

Although the events are usually at weekends, preparation takes place during the week. This role is very flexible, and volunteers are not required to make regular commitment and no further training is needed after the volunteer induction.

Cookery Assistant (Colindale) - Bread n Butter

Bread n Butter is looking for a volunteer cookery assistant to help with its weekly cooking sessions at Grahame Park Community Centre, Colindale every Tuesday.

The immediate role is to help facilitate the smooth running of the session and to help the attendees cook the recipes.

Electric Guitar Teacher - Langdon

Langdon provides assisted living and practical support for adults with learning disabilities.

Are you enthusiastic about playing the guitar? Langdon is looking for a volunteer to teach guitar lessons for a Langdon member who is keen to develop his technique. Teaching experience is essential.

In Memoriam Secretary - British Heart Foundation

British Heart Foundation (BHF) is looking for an In Memoriam Secretary volunteer who can help with offering a personalised thank you from the BHF to the families and friends of the community. The BHF also offers the 'Gift of Hope' fund which is an ongoing tribute set up to remember a loved one. As part of your role you will also inform funeral directors and families of the 'Gift of Hope' service they offer.



If you are interested in the role and becoming a part of network of dedicated volunteer fundraisers, then apply today!

Volunteer Resource Assistant - Barnet Libraries

The School Libraries Resources Service is based at Hendon Library and works alongside the public library service to promote literacy and reading activities for children of all ages. This is a supporting role, helping to develop strong relationships with local schools.

Retail Assistant - Noah's Ark Children's Hospice


Noah's Ark charity shops are essential for raising funds which can be used to support Noah's Ark families. Volunteers are vital in helping to sort donated goods, restock the shop floor and serve customers. So, if you have a few hours to spare each week, enjoy working with the public and love being surrounded by clothes, books and toys then please join Noah's Ark as a Retail Assistant!



Register and apply for roles at: www.volunteeringbarnet.org.uk Use the simply connect 'Find a Role' widget in the volunteer section of the website to apply for any of the above or search for more roles in your area. If you have any questions about these opportunities, or how to apply, email enquiry@volunteeringbarnet.org.uk or call: 0300 365 9960.

Contact your councillors

Brunswick Park



Cllr Kathy Levine
 Cllr Lisa Rutter
 Cllr Roberto Weeden-Sanz

cllr.k.levine@barnet.gov.uk
 cllr.l.rutter@barnet.gov.uk
 cllr.r.weeden-sanz@barnet.gov.uk


Edgware



Cllr Linda Freedman
 Cllr Brian Gordon
 Cllr Sarah Wardle

cllr.l.freedman@barnet.gov.uk
 cllr.b.gordon@barnet.gov.uk
 cllr.s.wardle@barnet.gov.uk


Mill Hill



Cllr Golner Bokaei
 Cllr Valerie Duschinsky
 Cllr John Hart

Cllr.g.bokaei@barnet.gov.uk
 cllr.v.duschinsky@barnet.gov.uk
 cllr.j.hart@barnet.gov.uk


Burnt Oak



Cllr Sara Conway
 Cllr Ammar Naqvi
 Cllr Charlie O-Macaulay

cllr.s.conway@barnet.gov.uk
 cllr.a.naqvi@barnet.gov.uk
 cllr.c.omacaulay@barnet.gov.uk

Finchley Church End



Cllr Eva Greenspan
 Cllr Jennifer Grocock
 Cllr Daniel Thomas

cllr.e.greenspan@barnet.gov.uk
 cllr.j.grocock@barnet.gov.uk
 cllr.d.thomas@barnet.gov.uk


Oakleigh



Cllr Sachin Rajput
 Cllr Thomas Smith
 Cllr Stephen Sowerby

cllr.s.rajput@barnet.gov.uk
 cllr.t.smith@barnet.gov.uk
 cllr.s.sowerby@barnet.gov.uk

Childs Hill



Cllr Anne Clarke
 Cllr Shimon Ryde
 Cllr Peter Zinkin

cllr.a.clarke@barnet.gov.uk
 cllr.s.ryde@barnet.gov.uk
 cllr.p.zinkin@barnet.gov.uk


Garden Suburb



Cllr Rohit Grover
 Cllr John Marshall
 Cllr Gabriel Rozenberg

cllr.r.grover@barnet.gov.uk
 cllr.j.marshall@barnet.gov.uk
 cllr.g.rozenberg@barnet.gov.uk


Totteridge



Cllr Richard Cornelius
 Cllr Alison Cornelius
 Cllr Caroline Stock

cllr.r.cornelius@barnet.gov.uk
 cllr.a.cornelius@barnet.gov.uk
 cllr.c.stock@barnet.gov.uk

Colindale



Cllr Nagus Narenthira
 Cllr Gill Sargeant
 Cllr Zakia Zubairi

cllr.n.narenthira@barnet.gov.uk
 cllr.g.sargeant@barnet.gov.uk
 cllr.z.zubairi@barnet.gov.uk


Golders Green



Cllr Dean Cohen
 Cllr Melvin Cohen
 Cllr Reuben Thompstone

cllr.d.cohen@barnet.gov.uk
 cllr.m.cohen@barnet.gov.uk
 cllr.r.thompstone@barnet.gov.uk


Underhill



Cllr Jess Brayne
 Cllr Paul Edwards
 Cllr Tim Roberts

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Full Council meetings

Tuesday 28 January 2020, 7pm Hendon Town Hall, The Burroughs, London NW4 4BG

Resident Forums

You can find the dates of the residents' forums on: barnet.moderngov.co.uk

For more information and for venue details, please visit: barnet.moderngov.co.uk

For details of surgeries, email: first.contact@barnet.gov.uk

Or write to us:
Members' Room,
Hendon Town Hall,
The Burroughs,
Hendon, NW4 4BG



Free festive parking

This Christmas, we'll be providing shoppers and visitors with free parking for every weekend in December.

Visitors to our high streets will be able to park without charge. Parking will be free in all Barnet pay to park bays and in the council's car parks.

The dates you can park for free are:

- **Saturday 7 and Sunday 8 December**
- **Saturday 14 and Sunday 15 December**
- **Saturday 21 and Sunday 22 December**
- **Saturday 28 and Sunday 29 December**

For more information, please visit:

www.barnet.gov.uk/parking

Please note that free parking only applies to council operated 'paid for' parking areas. It does not apply to permit bays or private car parks.

Valid permits will still be required at these locations.

